

★ JOIN THE FIGHT ★

Suffolk Consumer Champion

Weekly Bulletin

21/04/2017

This week's top features

Fraud Risk Quiz

The things you do online and offline can put you at risk of identity theft and other types of fraud.



Take our five minute test to find out the areas where you could be at risk.

Are you an easy fraud target?

With an estimated 5.6 million consumers falling victim to fraud or cyber crime last year, people could be taking more steps to protect themselves from scammers and fraudsters, new Which? research reveals.

A survey of more than 1,800 Which? members found that two thirds (67%) use the same password across multiple accounts, while more than one in four (28%) are on the open electoral register, leaving their details publicly available. And just one in four (25%) check their credit report at least once a year. So, are you

leaving yourself open to fraud?

[Take this test to discover your fraud risk score](#) and the steps you can take to protect yourself.



Chocolate Recalls

Easter was not such a great time for those people who suffer from allergies. There were a number of recalls from some high profile chocolate brands all due to allergens not being declared on the packaging:

[Lindt Easter Egg](#)

[Thorntons Easter Egg](#)

[Nestle KitKat](#)

Food allergies and intolerances are life changing. In the UK they affect around 8% of children and 2% of adults.

By law, any prepacked food or drink sold in the UK must clearly state on the label if it contains the following ingredients: - celery, cereals that contain gluten, crustaceans, eggs, fish, lupin (lupins are common garden plants, and the seeds from some varieties are sometimes used to make flour), milk, molluscs, mustard, tree nuts, peanuts, sesame seeds, soybeans, sulphur dioxide and sulphites.

It's important that you can trust the food you are buying. Please make sure that you check the link at the bottom of this email each week to see if you or anyone you know might be affected by any products being recalled.



Tobacco & E-cigarette Changes

Legislation came into effect from May 2016 and makes significant changes to the way that tobacco products are sold. This legislation introduced minimum pack sizes, increased the size and changed the positioning of health warnings. It also introduced new regulations for e-cigarettes.

There was a year's sell through period but from 20th May 2017 only products that comply with the new rules can be sold in UK retail outlets.

In addition, the UK Government introduced plain packaging for cigarettes and rolling tobacco.

From the 20th May retailers must ensure that they only sell:

- Tobacco with standardised packaging
- Roll-your-own tobacco must have a minimum weight of 30grams
- Cigarette packs with a minimum of 20 cigarettes
- Tobacco Packaging must have 65% of the front and of the back must be covered with health warnings
- Unflavoured cigarettes and Roll-your-own tobacco
- E-cigarettes which feature health warnings
- E-cigarettes with a maximum of 20mg/ml of nicotine (unless licensed as medicinal products)
- E-cigarette refills with a maximum size of 10mg/ml
- Disposable e-cigarettes, cartridges and tanks with a maximum size of 2ml

To find out more about how individual types of tobacco products are affected [see the following guidance](#).

[Product Recalls](#)

[Fraud and Scam Advice](#)

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